

Table 1a. Estimated percentages of adults who consumed any beer, wine, or distilled spirits on a given day; United States, 2003-2006

Sex and age (yr)	Any alcoholic beverage	Beer	Wine	Distilled spirits		
				All	Straight	Mixed drinks
	%	%	%	%	%	%
Men	32.8	23.4	6.0	8.7	1.8	7.1
Women	17.4	7.0	6.6	5.3	1.9	3.5

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

Table 1b. Estimated percentage of adults who consumed any alcoholic beverage at least once in the past 12 months, United States, 2003-2006

Sex and age (yr)	Any alcoholic beverage
	%
Men	76.3
Women	65.3

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

Table 2a. Estimated distribution of alcoholic beverage consumption on a given day; United States, 2003-2004

Sex and age (yr)		Number of drink equivalents								
		0	1	2	3	4	5	6	7	8 or more
	<i>Mean</i>	%	%	%	%	%	%	%	%	%
Men	1.3	65.9	8.3	6.8	5.8	4.1	2.2	2.3	1.0	3.6
		0	1	2	3	4	5	6 or more		
Women	0.4	80.9	10.0	3.1	2.1	1.6	0.7	1.5		

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

Table 2b. Estimated distribution of average daily consumption of alcoholic beverages; United States, 2003-2006

Sex and age (yr)		Number of drinks					
		0	1	2	3	4	5 or more
	<i>Mean</i>	%	%	%	%	%	%
Men	0.8	23.7	60.0	7.7	4.4	1.6	2.6
		0	1	2	3	4 or more	
Women	0.2	34.7	61.5	2.3	0.9	0.6	

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.

Table 2c. Estimated distribution of average alcoholic beverage consumption by adults on days they drank; United States, 2003-2006

Sex and age (yr)		Number of drinks					
		1	2	3	4	5	6 or more
	<i>Mean</i>	%	%	%	%	%	%
Men	3.3	25.4	27.6	16.1	9.4	5.0	16.5
		1	2	3	4	5 or more	
Women	2.1	43.1	30.6	13.1	6.4	6.8	

Preliminary data from Guenther, PM, Bowman, SA, and Goldman, JD. Alcoholic Beverage Consumption by Adults 21 Years and Over in the United States: Results From the National Health and Nutrition Examination Survey, 2003-2006: Technical Report.